

Developing your Leadership Team

COACHING SESSION – Courtney Weir

The Role of the Assistant

- Be early and set up equipment
- To make the instructor's job easier by assisting them
- To lead the class from time to time
- To teach small groups during the class

Get to know the kids

- Greet the kids by name
- Learn their names by using their name at every opportunity
- Talk to them about their school or home life – get to know them

When Assisting

- Positive Behaviour For Learning (PBFL)
- Pre-empt behaviour problems
- Be active in the class, correct and encourage them
- The kids want to impress you, so encourage that

When Instructing

- Emphasis 2 or 3 main points only
- Use Korean Terminology
- Get interaction from the kids eg “Jumbi means..? “READY”
- Mirror the students
- Use humour
- Make sure your classes are active with not too much talk
- Challenge the kids with more advanced techniques
- With shy kids use the assistant to reassure them, or bring them close to you.
- Tell them what you want – not what you don't want.
- Make sure the kids can see you – choose your angles so they can see
- Be animated – make it fun. Have energy.
- Even if you don't feel like it – be professional and have lots of energy

When Taking Small Groups

- You can teach with more details
- More individual attention
- Perhaps less formal and more relaxed with the kids
- Make sure you know the syllabus
- Make sure they step up to your expectations (“come on – more power”)

Games

- Dead Dinosaurs (calms the kids before they go home)
- Chocolate Cake Game
- Make up your own games

Other Points

- Volunteer to the lead instructor to take part of the class. Make up some new games (TKD related) and try them with the kids)
- Self defence is challenging. Easiest in small groups. Teach it as line work first.
- Remember that you are a role model. Take an genuine interest in them. You have a huge impact on their lives.